



Neuromodulator Post-Care Instructions

Always use a strong sunblock, if sun exposure is unavoidable (SPF 30 or greater).

You may wear makeup with sunblock protection.

Stay out of the sun until redness and bruising subside.

Aspirin, red wine, high doses of ibuprofen and other supplements should be avoided immediately after treatment as they can increase risk of bruising. Tylenol is acceptable to take if needed.

Patients notice a clinical effect between 2 days and 2 weeks following the injection.

Effects of neuromodulator injections are temporary and typically last 3 to 4 months. Patients who receive sporadic injections, or are new to neuromodulators may see a shorter duration of action - 2 to 3 months.

Activity

There are no activity restrictions for this treatment.

Activities that raise heart rate and blood pressure may result in increased swelling and bruising (strenuous exercise, saunas, hot tubs, etc.).

Post Care

Temporary stinging, throbbing, burning sensation, redness, swelling, bruising, and excess fullness.

Do not rub or massage the treated areas.

Some diffusion of the toxin may occur. This may cause temporary weakness of nearby muscles (including drooping of eyebrows)..

In rare cases, there can be a drooping of the eyelid or asymmetry of facial expression.

The risk of any side effect depends on the muscles injected.

Call the office (719 728 2878):

If you have increased swelling or bruising.

If swelling and redness persist after a few days.

If you have severe or increased pain.

If you have an oral temperature over 100.4 degrees.

If you have any questions or concerns.

If you have difficulty breathing, double/blurred vision or any other significant medical symptom call 911 or go to the emergency department immediately.