



Facial Treatment Post Care Instructions

The following instructions will help you achieve the best results from your facial treatment. Protect the investment you have made by following these guidelines:

- Skin may be sensitive following the treatment. You might even have a reddish-pink color to the skin immediately following the treatment. This is normal. For most patients, this will subside in a few hours. For sensitive skin, it may last longer (24 hours).
- Light flaking (especially drier skin types), following the treatment can occur. Keeping the skin hydrated with moisturizer will help. Picking or scrubbing can lead to irritation and complications.
- You can immediately apply make up after your treatment. We recommend mineral based makeup that is nocomegoneic. You may not want to cover up how clean your skin feels!
- Avoid activities that can cause flushing (exercise, hot tubs, sauna) for 24 hours after the treatment.
- Avoid using any skincare that contains AHA, Glycolic Acid, Salicylic Acid, Retin- A, Retinol, and Vitamin C for 2 days after the treatment.
- Use a sunblock (UVA/UVB) of at least 30+ on the treated area daily. This will ensure the best result possible. Avoid direct sunlight and wear protective clothing. Sun exposure can result in pigment changes.

Like all professional facials, treatments give the best results when done regularly. We recommend a treatment every 4-6 weeks, especially when targeting specific skin conditions such as acne and hyperpigmentation.

Please call Blush and Grey at 719-728-2878 if any questions or concerns should arise.