

CONSENT FOR MEDIUM DEPTH PEEL/TRICHLOROACETIC ACID PEEL

This consent document has been prepared to help inform you about a medium depth peel/ Trichloroacetic Acid (TCA) peel and its risks. It is important that you read this information carefully and completely. The function of a Medium Depth Peel/TCA peel is to create an evenly-controlled shedding of several layers of damaged cells. This exposes a new, fresh layer of skin with a more even color and a smoother texture. When the peel is applied to your skin (The TCA solution which is typically associated with four to five minutes of a burning sensation), it causes the top layers of cells to dehydrate and peel off over a period of several days. Deeper peels result in more downtime and may cause increased discomfort but achieve more dramatic results. During the healing process, the skin looks as if it has had severe sunburn. Side effects and complications (although the majority of patients do not experience these complications), should be discussed with your provider to make sure you understand the risks and potential complications of a medium depth peel/TCA peel.

HYPOPIGMENTATION: Any peel that causes exfoliation will temporarily lighten the skin. The degree of lightening increases as the depth of the peel increases. With deeper peels it can take several months for the skin to completely regain its normal color.

HYPERPIGMENTATION: This is usually associated with darker skinned patients but can occur less frequently in lighter skin colors. Sun exposure following the peel increases the risk. The condition can occur shortly after the peel or up to 2 months later. It can be treated by sun avoidance, sunscreens and prescription strength creams.

ALLERGIC REACTIONS: An allergy can present as itch, hives, swelling or rash.

SCARRING: This is an uncommon complication. People at risk include those with a history of keloid scars; patients recently on accutane therapy; or patients that develop infection.

PERSISTENT REDNESS: Areas of redness lasting more than 3 weeks may indicate that scar formation is imminent and should be reported immediately to Blush and Grey.

PREMATURE PEELING: Premature removal of the shedding layer of skin, either accidental or intentional, exposes a layer of immature tissue. This increases the risk of infection and scar formation. In the event of an infection, antibiotics may be necessary.

HERPES SIMPLEX VIRUS OUTBREAK: Patients with a history of cold sores should take preventative medication prior to the chemical peel.

UNSATISFACTORY RESULT: There is the possibility of an unsatisfactory result from the procedure, you may require more than one treatment.

ACKNOWLEDGEMENT I understand and acknowledge that payments for the above named procedure(s) are nonrefundable.

By signing this form, I acknowledge and understand and accept all of the risks and benefits. I agree that my provider has answered all of my questions.

Patient Signature/ Date

Physician Representative/ Date